

# **QUARTERLY SERVICE LINE UPDATE**

# **A Publication of Centra Provider Relations**

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<sup>\*</sup>For your convenience, the PDF features a clickable table of contents. This enables you to quickly access the sections most relevant to you with a single click.

# **ACUTE CARE**



# Pulmonology CME Opportunity:

### Thursday, July 10th at 12:15 p.m.

<u>Timothy Spooner, DO</u> from Centra Medical Group (CMG) Critical Care and Pulmonary team will be discussing the diagnosis and medical management of long COVID. Click <u>here</u> to register.

### **How to Refer:**

Call or send a referral via fax or through the Referral Management System in Cerner for the following locations:

 Centra Medical Group (CMG) Pulmonology Center - Bedford

1615 Oakwood Street, Suite B, Bedford, VA 24523 **Phone:** 540.587.7810 **Fax:** 434.200.1657

Centra Medical Group (CMG) Pulmonology

Center - Lynchburg

2011 Tate Springs Road, Lynchburg, VA 24501 **Phone**: 434.947.3963 **Fax**: 434.947.5935

 Centra Medical Group (CMG) Southside Pulmonology Center - Farmville
 800 Oak Street, Farmville, VA 23901 \*located within

**Phone**: 434.315.2880 **Fax**: 434.315.2876

Centra Southside Community Hospital

# **Sleep Medicine**

### **Centra Home Sleep Testing Center**

Centra Medical Group (CMG) Sleep Wellness Center offers the Inspire Device as a secondary treatment for moderate to severe Obstructive Sleep Apnea (OSA). This option involves a surgical procedure by an ENT surgeon, implanting a generator in the chest and a wire to the hypoglossal nerve. Before surgery, patients must undergo a drug-induced sleep endoscopy (DISE) to confirm the airway collapses in the right direction for Inspire to be effective.

# Referral Criteria: \*Prior to referring to ENT, please refer to the CMG Sleep Wellness Center to ensure that the patient is a candidate for Inspire

- Apnea-Hypopnea Index (AHI) between 15-65 events an hour
- Updated sleep study within 2 years
- Previous attempt at Continuous Positive Airway Pressure (CPAP) therapy
- For commercially insured patients, BMI of less than 32
- For Medicare/Medicaid patients, BMI of less than 35

### **How to Refer:**

\*Please note, providers at Centra Home Sleep Testing Center can follow the referred patient for their sleep disorders or if referring provider prefers to manage the patient, the results can be sent to referring provider's office

### Inpatient (Centra / CMG Providers & Hospitalists):

Send a referral through the Referral Management System and use the digital Sleep Disorders order form within Cerner.

### **Outpatient (External Providers):**

Send the Sleep Disorders Center order form via fax for the following location:

Centra Medical Group (CMG) Sleep Wellness Center
 2512 Langhorne Road, Lynchburg, VA 24501
 Phone: 434.528.2194
 Fax: 434.528.2196

# **Sleep Studies**

Effective March 31st, 2025, Centra Medical Group (CMG) Sleep Wellness Center has begun a new electronic referral process within Cerner for In-Lab and Home Sleep Studies. To learn more about the change in ordering process, please refer to the two links below:

Sleep Study Scheduling Orders Demo

Sleep Study Scheduling Orders Education

# **AMBULATORY CARE**



# Program of All-Inclusive Care for the Elderly (PACE) New Providers / Capabilities

Dina Blackstock, PA has joined the Centra PACE Lynchburg team.

### **Referral Criteria:**

- Patient must be 55 years of age or older
- Patients must live within the PACE service area
- Patients must meet nursing home level of care through Long-Term Services and Supports (LTSS) screening
- Patients must live safely in the community with the support of PACE

### **How to Refer:**

### Inpatient (Centra/CMG Providers & Hospitalists):

To send a referral to PACE via Cerner, follow the instructions below:

Under orders → search for consult to PACE → double click on the order → fill in the box that pops up → hit submit

### **Outpatient (External Providers):**

Call or send a referral via fax for the following locations:

• Centra PACE Farmville

1530 S Main Street, Farmville, VA 23901

**Phone**: 434.315.2890 **Fax**: 434.392.0333

• Centra PACE Gretna

 Centra PACE Lynchburg
 407 Federal Street, Lynchburg, VA 24504

# **Primary Care**

### **New Providers / Capabilities:**

Paulina Amoah, NP has joined the Centra Medical Group (CMG) Brookneal team.

Currently scheduling patient appointments.

Elizabeth Simpson, PA-C has joined the Centra Medical Group (CMG) Nationwide team.

Currently scheduling patient appointments.

### **Urgent Care**

### **New Providers / Capabilities:**

Beth Furman, MSN, RN, CCRN, CMC, CSC has joined the Centra Forest Urgent Care team.

Jacob Maddela, MD has joined the Centra Forest Urgent Care team.

### **BEHAVIORAL HEALTH**

# **Centra Autism & Developmental Services**

Centra Health has been awarded a full two-year accreditation from the Autism Commission on Quality (ACQ) for the applied behavior analysis (ABA) programs.

### **New Providers / Capabilities:**

Renee Nauful, MS, MSN, FNP-BC, PMHNP-BC, DNP has joined the Centra Autism & Developmental Services team providing outpatient psychiatric care to individuals ages two through early adulthood.

# **How to Refer:**

Call or send a referral via fax or through the Referral Management System in Cerner for the following location:

Centra Autism & Developmental Services Center \*Telehealth appointments available
 693 Leesville Road, Lynchburg, VA 24502



# Centra Medical Group (CMG) Addiction Treatment Center – Farmville

In December 2024, the Centra Medical Group (CMG) <u>Addiction Treatment Center in Farmville</u> opened to provide care for individuals seeking treatment for substance use disorders. <u>Lillian Carter, PA</u> offers addiction services every Friday from 8:30 a.m. - 5 p.m.

### **Referral Criteria:**

Services Offered for Patients 18+:

- · Medication assisted treatment (MAT) with Suboxone, Vivitrol, and Sublocade for opioid use
- · Mental health evaluations
- Substance use individual and group therapy
- · Care coordination for social needs

#### **How to Refer:**

Call or send a referral via fax or through the Referral Management System in Cerner for the following locations:

 Centra Medical Group (CMG) Addiction Treatment Center - Farmville 800 Oak Street, Farmville, VA 23901

Centra Medical Group (CMG) Addiction Treatment Center - Lynchburg \*Telehealth appointments available
 3300 Rivermont Avenue, 4th Floor, Lynchburg, VA 24503

# **Psychiatry**

### **New Providers / Capabilities:**

J. Neal Rittenhouse, PsyD has joined the Centra Medical Group (CMG) Psychiatry & Behavioral Health team providing telehealth psychiatric care and psychological testing.

Cody Sliger, DNP, APRN, FNP-C has joined the Centra Medical Group (CMG) <u>Psychiatry & Behavioral Health</u> team providing inpatient psychiatric care at Centra Lynchburg General Hospital (LGH) and Centra Virginia Baptist Hospital (VBH).

### **How to Refer:**

Call or send a referral via fax or through the Referral Management System in Cerner for the following locations:

Centra Medical Group (CMG) Piedmont Psychiatric Center - Lynchburg \*Telehealth appointments available
 3300 Rivermont Avenue, Third Floor, Lynchburg, VA 24503

**Phone**: 434.200.5999 **Fax**: 434.200.1673

• Centra Medical Group (CMG) Piedmont Psychiatric Center - Southside

935 S. Main Street, Farmville, VA 23901

**Phone**: 434.200.5999 **Fax**: 434.200.1673

### **BRAIN & SPINE**

# **Lynchburg General Hospital (LGH) Primary Stroke Center**

Effective April 21st, 2025, Centra Lynchburg General Hospital (LGH) will transition from a Thrombectomy-Capable Stroke Center to a Primary Stroke Center. Centra will continue to provide comprehensive stroke care, including the administration of thrombolytics and other medical treatments for stroke. For patients requiring mechanical thrombectomy, Centra is collaborating with regional hospitals to establish transfer protocols, ensuring timely access to advanced interventions.

### **Neurology**

Centra Medical Group (CMG) Neurology Center Southside in Farmville, VA currently scheduling new patient appointments. Click below to learn more about the providers at this location:

Funmilola "Funmi" Idowu, ANP-C Rebecca Grinsell, NP Keyon Hekmatdoost, MD



Call or send a referral via fax or through the Referral Management System in Cerner for the following locations:

 Centra Medical Group (CMG) Neurology Center - Gretna 291 McBride Lane, Gretna, VA 24557 \*located within Centra Gretna Medical Center

**Phone**: 434.200.3600 **Fax**: 434.200.3714

 Centra Medical Group (CMG) Neurology Center -Linkhorne

2818 Linkhorne Drive, Lynchburg, VA 24503

**Phone**: 434.200.3600 **Fax**: 434.200.3714

Centra Medical Group (CMG)

Neurology Center - Tate Springs
2025 Tate Springs Road, Lynchburg, VA 24501

Phone: 434.200.3600

Fax: 434.200.3714

# **New Providers / Capabilities:**

<u>Tina Heinemann, NP</u> has joined the Centra Medical Group (CMG) Neurology Center - Linkhorne team providing stroke follow-up appointments. Scheduling follow-up appointments beginning in May.

# **Neurosurgery**

### **New Medical Director:**

William J. Jeong, MD, MBA, MS, FAANS, FCNS has joined the Centra Medical Group (CMG) Neurosurgery team serving as the medical director. Dr. Jeong will be providing inpatient care at Centra Lynchburg General Hospital (LGH) and outpatient care at Centra Medical Group (CMG) Neurosurgery Center in Lynchburg.

### **New Providers / New Capabilities:**

<u>Joshua Hennessy, MSPA</u> has joined the Centra Medical Group (CMG) <u>Neurosurgery</u> team providing inpatient care at Centra Lynchburg General Hospital (LGH).

# **Neurosurgery Imaging Workflow Process for Outpatient Clinics**

When referring to Centra Medical Group (CMG) <u>Neurosurgery</u>. Center for back or neck pain patients and have diagnostic capability, please perform the following x-ray images:

Cervical X-Rays-6 Views All Standing:

- AP
- Lateral
- Bilateral Obliques
- Flexion-Maximum Range
- Extension-Maximum Range
- Open Mouth View C1-2

Lumbar X-Rays- 6 Views All Standing:

- AP
- Lateral
- Bilateral Obliques
- Flexion-Maximum Range
- Extension-Maximum Range

### **How to Refer:**

Call or send a referral via fax or through the referral management system in Cerner for the following locations:

- Centra Medical Group (CMG) Neurosurgery Referral Team
   Phone: 434.200.3920
   Fax: 434.947.3924
- Centra Medical Group (CMG) Neurosurgery Center Danville
   \*two Mondays a month | 414 Park Avenue, Danville, VA
   24541 \*located within Centra Danville Medical Center
- Centra Medical Group (CMG) Neurosurgery Center Moneta
   \*second Friday of every month 1039 Mayberry
   Crossing Drive, Suite C, Moneta, VA 24121
- Centra Medical Group (CMG) Neurosurgery
   Center Farmville \*every Thursday
   800 Oak Street, Farmville, VA 23901
   \*located within Centra Southside Community Hospital
- Centra Medical Group (CMG) Neurosurgery Center -Lynchburg, 2138 Langhorne Road Lynchburg, VA 24501

# **Physical Medicine and Pain Management**

New patients referred to Centra Medical Group (CMG) <u>Physical Medicine & Pain Management</u> Centers who are currently taking benzodiazepines will be offered an opioid-sparing treatment plan to prioritize patient safety while effectively managing their pain.



Scheduling new patient appointments within two weeks and urgent appointments within the same week. Call or send a referral via fax or through the Referral Management System in Cerner for the following locations:

Centra Medical Group (CMG) Physical Medicine & Pain Management Center - Oak Vassar

1330 Oak Lane, Suite 202, Lynchburg, VA 24503 **Phone**: 434.200.4175 **Fax**: 434.200.1679

Centra Medical Group (CMG) Physical Medicine & Pain Management Center - Farmville

935 S. Main Street, Farmville, VA 23901

**Phone**: 434.315.5385 **Fax**: 434.200.1679

### **CANCER CARE**

# **Hematology Oncology**

Information needed prior to referring to <u>Hematology & Oncology</u> for the following conditions: Breast Lump/Mass:

- Order a diagnostic mammogram and all subsequent results performed by mammography center such as biopsy if needed
   \*actual tissue diagnosis of cancer is beneficial
- Place a surgical referral
- · Place the oncology referral AFTER the mammogram has been performed

### Leukopenia:

- · Repeat a complete blood count (CBC) with differential 2-4 weeks after initial finding
- If persists, obtain a complete blood count (CBC) with differential, peripheral blood smear, comprehensive metabolic panel (CMP), antinuclear antibody (ANA), chronic and acute hepatitis panel, copper level, and HIV screening
- Place the hematology referral AFTER above labs have been obtained

### Microcytic Anemia:

- Lab testing that includes iron, total iron binding capacity (TIBC), ferritin, copper and stool for occult blood
- If iron deficiency is confirmed send for consideration of iron infusions
- If iron deficiency is not confirmed send for further evaluation of microcytosis

### **How to Refer:**

Call or send a referral via fax or through the Referral Management System in Cerner for the following locations:

• Centra Alan B. Pearson Regional Cancer Center Hematology Oncology Clinic

1701 Thomson Drive, Lynchburg, VA 24501 \*Located on second floor

Centra Southside Hematology Oncology Clinic

800 Oak Street, Farmville, VA 23901 \*Located within Centra Southside Community Hospital

**Phone**: 434.315.2690 **Fax**: 434.315.2697

# **Radiation Oncology**

### **New Providers / Technology:**

Centra Radiation Oncology has begun offering an advanced theranostic treatment for prostate cancer called Pluvicto. This treatment is a targeted radioligand therapy designed for patients with prostate-specific membrane antigen (PSMA)-positive metastatic castration-resistant prostate cancer (mCRPC). It delivers a therapeutic dose of radiation directly to cancer cells, sparing surrounding healthy tissue.

# **Patient Eligibility:**

Prostate cancer patients with mCRPC who have received androgen receptor pathway inhibition and taxane-based chemotherapy.



Call or send a referral via fax or through the Referral Management System in Cerner for the following location:

Centra Alan B. Pearson Cancer Center Radiation Oncology Clinic
 1701 Thomson Drive, Lynchburg, VA 24501 \*Located on the first floor

# **HEART & VASCULAR**

# **Cardiology**

### **New Providers / Capabilities:**

Lisa Behneke, PA has joined the Centra Heart & Vascular Institute - Lynchburg providing care in the <u>Electrophysiology</u> (EP) Clinic. Currently scheduling patient appointments.

Ryleigh Hawker, DNP, APRN, FNP-BC has joined the Centra Heart & Vascular Institute Cardiology team. Currently scheduling patient appointments.

#### **How to Refer:**

Call or send a referral via fax or through the Referral Management System in Cerner for the following locations:

 Centra Heart & Vascular Institute - Amherst
 115 Ambriar Court, Amherst, VA 24521 \*Located within the Centra Amherst Medical Center

**Phone**: 434.946.9565 **Fax**: 434.200.2859

Centra Heart & Vascular Institute - Bedford
 1613 Oakwood Street, Bedford, VA 24523 \*Located within Centra Bedford Memorial Hospital
 Phone: 540,425,7540 Fax: 540,425,7545

Centra Heart & Vascular Institute - Farmville
 900 West Third Street Farmville, VA 23901

  Centra Heart and Vascular Institute - Gretna
 291 McBride Lane, Gretna, VA 24557 \*Located within the Centra Gretna Medical Center

Centra Heart & Vascular Institute - Lynchburg
 2410 Atherholt Road, Lynchburg, VA 24501

**Phone**: 434.200.5252 **Fax**: 434.200.2496

 Centra Heart & Vascular Institute - Moneta 1039 Mayberry Crossing Drive, Suite C,

Moneta, VA 24121

# **CME Opportunity:**

### Thursday, June 12th at 12:15pm

Jason Higey, MD from Centra's Heart and Vascular Institute, will be discussing the diagnosis and medical management of resistant hypertension, along with the services provided at Centra's Resistant Hypertension Clinic. Click here to register.

### **HVI Grand Rounds**

### \*One hour of free CME credit can be earned for each session

The Centra Heart and Vascular Institute offers Grand Rounds on the fourth Wednesday of every month in the First Colony Conference Room 2 at Lynchburg General Hospital from 7:00am-8:00am. If unable to be attended in person, the live presentation will be streamed, and you can join via Teams to watch. To view the upcoming presenters and topics, please visit the CME Monthly Calendar and select RSS/Grand Rounds and they will be displayed by date in green.

# **Endocrinology**

### **New Providers/ New Capabilities**

Noah Cook, PA-C has joined the Centra Heart & Vascular Institute Endocrinology team providing inpatient care at Centra Lynchburg General Hospital (LGH).

# **Vascular Medicine & Surgery**

### **New Providers/ New Capabilities**

Emma Knee, PA-C has joined the Centra Heart & Vascular Institute <u>Vascular Medicine & Surgery</u> team providing initial and post-operative appointments. Currently scheduling patient appointments.



Call or send a referral via fax or through the Referral Management System in Cerner for the following location:

 Centra Heart & Vascular Institute - Lynchburg 2410 Atherholt Road, Lynchburg, VA 24501

# Weight Loss and Bariatric Surgery CME Opportunity:

Joshua B. Alley, MD from Centra Medical Group (CMG) Weight Loss and Bariatric Surgery Center, will be discussing the clinical indications and surgical criteria for bariatric surgery. Click here to register.

### **How to Refer:**

Call or send a referral via fax or through the Referral Management System in Cerner for the following location:

• Centra Weight Loss & Bariatric Surgery Center

125 Nationwide Drive, Lynchburg, VA 24502 \*located on the second Floor

### **Wound Care**

# **New Providers/ New Capabilities**

<u>Jennifer Dudley, PA-C</u> has joined the Centra Medical Group (CMG) <u>Wound Care</u> & Hyperbaric Medicine Center. Currently scheduling patient appointments.

Blakley "Blake" Sproles, DMSc, MPAM, PA-C, CLT, CAQ-HAP, CWS has joined the Centra Medical Group (CMG) Wound Care & Hyperbaric Medicine Center. Currently scheduling patient appointments.

### **How to Refer:**

Call or send a referral via fax or through the Referral Management System in Cerner for the following locations:

• Centra Heart & Vascular Institute - Bedford

1613 Oakwood Street, Bedford, VA 24523 \*Located within Centra Bedford Memorial Hospital

Centra Heart & Vascular Institute - Gretna

291 McBride Lane, Gretna, VA 24557 \*Located within the Centra Gretna Medical Center

• Centra Medical Group (CMG) Wound Care & Hyperbaric Medicine Center

2410 Atherholt Road, Lynchburg, VA 24501

**Phone**: 434.200.1800 **Fax**: 434.200.1803

# **RADIOLOGY**

# Additional CT Scanner at Centra Lynchburg General Hospital (LGH)

A third CT scanner went online at Centra Lynchburg General Hospital (LGH) January 2025 improving patient care by reducing wait times and enhancing diagnostic efficiency.

# **SURGICAL SERVICES**

# **General Surgery**

### **New Providers / Capabilities:**

Linda Adepoju, MD, FACS, a board-certified general surgeon with advanced training in minimally invasive and robotic surgery, has joined the Centra Medical Group (CMG) Southside Surgery Center team in Farmville, VA.



### To Refer to Dr. Adepoju:

Call or send a referral via fax or through the referral management system in Cerner for the following location:

 Centra Medical Group (CMG) Southside Surgery \*located within Centra Southside Community Hospital 800 Oak Street, Farmville, VA 23901

**Phone**: 434.315.2998 **Fax**: 434.392.8191

### **Other General Surgery Locations:**

 Centra Medical Group (CMG) Bedford General Surgery 1615 Oakwood Street, Suite D, Bedford, VA 24523 Phone: 540.425.7695 Fax: 540.200.1658

 Centra Medical Group (CMG) Southside Surgery \*located within Centra Southside Community Hospital 800 Oak Street, Farmville, VA 23901

**Phone**: 434.315.2998 **Fax**: 434.315.2959

Centra Medical Group (CMG) Surgical Specialists - 1906 & 1911

1906 Thomson Drive, Lynchburg, VA 24501 1911 Thomson Drive, Lynchburg, VA 24501 **Phone**: 434.200.3933 **Fax**: 434.200.1663 **Phone**: 434.200.3901 **Fax**: 434.200.1664

### **WOMEN'S & CHILDREN'S**

### **Female Incontinence**

Kim Little, NP at Centra Medical Group (CMG) Forest Women's Center performs Pessary Fitting tests for women with pelvic organ prolapse or incontinence. Scheduling new patient appointments for Pessary Fitting tests beginning in July.

### **How to Refer:**

Call or send a referral via fax or through the referral management system in Cerner for the following locations:

Centra Medical Group (CMG) Forest Women's Center
 2007 Graves Mill Road, Forest, VA 24551

Phone: 434.200.385.8948 Fax: 434.200.1674

# Obstetrics and Gynecology New Providers / Capabilities:

Sydney Doyle-Epp, CNM has joined the Centra Medical Group (CMG) Forest Women's Center team

Meghan Perrodin, CNM has joined the Centra Medical Group (CMG) Forest Women's Center team.

### **How to Refer:**

Call or send a referral via fax or through the referral management system in Cerner for the following locations:

Sabrina Kamer, MD has joined the Centra Medical Group (CMG) Southside Women's Center in Farmville, VA.

 Centra Medical Group (CMG) Forest Women's Center 2007 Graves Mill Road, Forest, VA 24551

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OB patients will be scheduled for their first appointment between 8 and 10 weeks of pregnancy. For urgent non-surgical GYN concerns, please contact the office directly. Non-urgent GYN issues are being scheduled within 6 weeks, while new patient annual wellness visits are currently being scheduled for August.

 Centra Medical Group (CMG) Southside Women's Center \*offering minimally invasive GYN surgeries at this location 800 Oak Street, Farmville, VA 23901 \*located within Centra Southside Community Hospital



OB patients will be scheduled for their first appointment between 8 and 10 weeks of pregnancy. For urgent GYN concerns, please contact the office directly. Non-urgent GYN issues are being scheduled within 2 weeks, while new patient annual wellness visits are currently being scheduled for May.

# **CONTINUING EDUCATION OPPORTUNITIES (CME)**

# **Upcoming Lunchtime Learning Series**

\*One hour of free CME credit can be earned for each session attended

### Thursday, May 8th at 12:15pm

Joshua B. Alley, MD from Centra Medical Group (CMG) Weight Loss and Bariatric Surgery Center, will be discussing the clinical indications and surgical criteria for bariatric surgery. Click here to register.

### Thursday, June 12th at 12:15pm

Jason Higey, MD from Centra's Heart and Vascular Institute, will be discussing the diagnosis and medical management of resistant hypertension, along with the services provided at Centra's Resistant Hypertension Clinic. Click here to register.

### Thursday, July 10th at 12:15pm

<u>Timothy Spooner, DO</u> from Centra Medical Group (CMG) Critical Care and Pulmonary team will be discussing the diagnosis and medical management of long COVID. Click <u>here</u> to register.

### **Previous Lunchtime Learning Webinars**

### \*One hour of free CME credit can be earned for each session

To access the following previous Lunchtime Learning webinars, please visit the following link and search Lunchtime Learning CME Tracker Online Activities. If you have any questions or concerns about accessing the past recordings, please contact Kendall Jenkins, Provider Relations Manager, at <a href="mailto:kendall.jenkins@centrahealth.com">kendall.jenkins@centrahealth.com</a>.

- Tiffany Clark, RN, MSN, ACNS-BC, FNP-C, AOCNP The diagnosis and medical management of hematological disorders
- <u>William L. Kittrell Jr., MD</u> Not everything is a hemorrhoid
- <u>John Plankeel, MD</u> and <u>Alex Lower, PA</u> The clinical indications and contraindications of home versus in-lab sleep studies, as well as providing an overview of obstructive sleep apnea (OSA) and its treatment options and the criteria for the Inspire Device in the treatment of moderate to severe OSA.

# Grand Rounds HVI Grand Rounds

# \*One hour of free CME credit can be earned for each session

The Centra Heart and Vascular Institute offers Grand Rounds on the fourth Wednesday of every month in the First Colony Conference Room 2 at Lynchburg General Hospital from 7:00am-8:00am. If unable to be attended in person, the live presentation will be streamed, and you can join via Teams to watch. To view the upcoming presenters and topics, please visit the CME Monthly Calendar and select RSS/Grand Rounds and they will be displayed by date in green.



In support of improving patient care, Centra is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE) and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare system.